

The Future Leaders Advancing Research in Endocrinology (FLARE) Workshop 2024
Agenda
March 7-9, 2024
Location: Nashville, TN

Thursday, March 7, 2024	
Time	Workshop Session
3:15 – 3:45 PM	Registration and Welcome <i>Southern Ground A/B Foyer</i>
3:45 – 4:15 PM	Finding Your Niche Dale Abel, MD, PhD Gain tips on how to define your own scientific “niche,” identify the right research opportunities, identify strategies for crafting outstanding research ideas, and how to choose the right faculty environment. <i>Southern Ground A/B</i>
4:15 – 5:00 PM	Determining Where You Want to Go E. Dale Abel, MD, PhD; Cherié Butts, PhD; AJ Hinton, Jr., PhD; Rocio Pereira, MD Learn from a panel of speakers about career options in academia, administration, industry, and government. <i>Southern Ground A/B</i>
5:00 – 6:00 PM	Dinner Talk Keith Norris, MD, PhD Join us for dinner and a discussion on AI and Health Equity. <i>Mason’s Restaurant (Lobby Level)</i>
Friday, March 8, 2024	
7:30 – 8:00 AM	Registration <i>Southern Ground A/B Foyer</i> Breakfast <i>Starstruck Gallery</i> Faculty to sit at tables with attendees but no formal questions/programming.
8:00 – 10:00 AM	Self-Awareness: The Key to Success in Life Krista Kirk, SPHR, SHRM-SCP Discover your personality type and leadership style including motivations, strengths, and stressors, and how your style plays a role in teambuilding. <i>Southern Ground A/B</i>
10:00 – 10:20 AM	Networking Break <i>Southern Ground A/B</i>

<p>10:20 – 11:00 AM</p>	<p>Difficult Conversations: Navigating Conflict to Resolution Yvette Huet, PhD This session will teach and put into practice effective techniques for dealing with challenging situations that scientists encounter every day. The workshop will cover strategies around successful lab team management, giving and receiving scientific criticism, how to best handle negotiating for the needs of the lab, and conflict resolution. <i>Southern Ground A/B</i></p>
<p>11:00 – 12:00 AM</p>	<p>Communications: Selling Yourself and Your Science Joshua Joseph, MD, MPH, FAHA Gain practical tips on communicating your science to different audiences. <i>Southern Ground A/B</i></p>
<p>12:00 – 1:00 PM</p>	<p>Lunch Break <i>Starstruck Gallery</i></p>
<p>1:00 – 1:30 PM</p>	<p>Group Activity Krista Kirk, SPHR, SHRM-SCP <i>Southern Ground A/B</i></p>
<p>1:30 – 2:30 PM</p>	<p>Individual Career Development Plans: A Strategy for Success Genevieve Neal-Perry, MD, PhD, and Dale Abel, MD, PhD Learn the importance of, and tips on, developing a strong individual development plan (IDP) based on your individual goals and career level. IDPs provide a structured career development tool that can be used to help identify and monitor short and long-term goals. <i>Southern Ground A/B</i></p>
<p>2:30 – 3:15 PM Breakout Sessions</p>	<p>Transitioning from PhD to Post-Doc Daniel Ruiz, PhD, and Colwyn Headley, PhD Gain tips to make the transition after graduation as smooth as possible. <i>RCA Room</i> Optimizing the Transition from Fellowship to Your First Job: Secrets from the Other Side AJ Hinton, Jr., PhD, and Camille Powe, MD Gain tips to make the transition to a faculty position as smooth as possible. <i>Tracking Room</i></p>

<p>3:15- 4:00 PM Breakout Sessions</p>	<p>Demystifying the Job Search and Negotiations Dale Abel, MD, PhD Learn how to build an effective resume/CV and tips on acing an interview for postdoctoral or research fellowship positions. Learn how to negotiate for faculty positions around items such as salary, benefits, lab space, equipment, staff, contract details, and teaching vs. research requirements. <i>RCA Room</i></p> <p>Starting up as a New PI: Lab Management and Team Building Dequina Nicholas, PhD Gain advice on how to maximize your first years as an independent investigator. Understand the similar and unique challenges of the first few years as a PI at several types of institutions. Identify strategies to optimize research productivity, personnel management, and funding as a new PI. <i>Tracking Room</i></p>
<p>4:00 – 4:15 PM</p>	<p>Networking Break <i>Southern Ground A/B</i></p>
<p>4:15 – 5:00 PM</p>	<p>Time Management and Maintaining Balance Lindsey Treviño, PhD Gain practical advice on how to manage your time in and out of the lab. Discover the secrets to work-life balance and redefine career success. <i>Southern Ground A/B</i></p>
<p>6:00 – 8:00 PM</p>	<p>Group Activity</p>
<p>8:15 – 10:00 PM</p>	<p>Dinner <i>Location - TBD</i></p>
<p>Saturday, March 9, 2024</p>	
<p>7:30 – 8:00 AM</p>	<p>Breakfast <i>Starstruck Gallery</i></p>
<p>8:00 – 9:30 AM</p>	<p>Individual Career Development Presentations, Part 1 Genevieve Neal-Perry, MD, PhD Participants will report out and receive faculty feedback on their short-term and long-term goals. <i>Southern Ground A/B</i></p>
<p>9:30 – 11:00 AM</p>	<p>Individual Career Development Presentations, Part 2 Genevieve Neal-Perry, MD, PhD Participants will report out and receive faculty feedback on their short-term and long-term goals. <i>Southern Ground A/B</i></p>
<p>11:00 – 11:20 AM</p>	<p>Networking Break <i>Southern Ground A/B</i></p>

11:20 AM – 12:20 PM	<p>Grantsmanship Overview Stephen Hammes, MD, PhD Learn key elements in crafting a strong proposal, review a sample proposal that was funded, and discuss strategies for revising and re-submitting non-funded proposals. <i>Southern Ground A/B</i></p>
12:20 – 1:20 PM	<p>Lunch <i>Starstruck Gallery</i></p>
1:20 – 2:00 PM	<p>Mock Study Section Stephen Hammes, MD, PhD Gain insight into the grant review process. Learn tips from the experts on what reviewers look for in a successful grant application. Participants have the chance to receive one-on-one feedback on their submitted aim-page. <i>Southern Ground A/B</i></p>
2:00 – 3:00 PM	<p>Issues Regarding Diversity and Inclusion in Career Choices and Professional Advancement Keith Norris, MD, PhD Learn about issues and challenges that are specific to diversity and inclusion in endocrinology careers. We will discuss potential recommendations for overcoming them. <i>Southern Ground A/B</i></p>
3:00 – 3:30 PM	<p>Mentorship: When, Where, and What's Next Dequina Nicholas, PhD; Lindsey Trevino, PhD; Joshua Joseph, MD; AJ Hinton, Jr., PhD Learn from an expert panel on how to select a good mentor, be a good mentee, change mentors with minimal conflict and become a strong mentor to others. <i>Southern Ground A/B</i></p>
3:30 PM	<p>Staying Connected, Wrap Up, and Evaluation E. Dale Abel, MD, PhD <i>Southern Ground A/B</i></p>